

Summer Equipment List

Clothing

- Waterproof jacket
- Lightweight insulating layer (fleece or light down jacket)
- Technical t-shirt / base layer
- Softshell or trekking pants
- Warm hat or headband
- Sun hat or cap
- Light gloves
- Sunglasses
- Spare clothes for multi-day tours

Technical Equipment

- Mountaineering boots suitable for the planned activity
- Climbing harness
- Helmet
- Crampons (when required)
- Ice axe (when required)
- Belay/rappel device
- 2–3 locking carabiners
- Sling + prusik
- Trekking poles (optional)
- Small backpack (around 25–35L)

Personal Equipment

- Water bottle or thermos
- Snacks / picnic lunch
- Sunscreen & lip protection
- Personal medication
- Headlamp for long or multi-day tours
- Lightweight toiletries for hut stays

Notes

A detailed equipment check will be communicated before each activity depending on conditions and objectives.

Some technical equipment may be rented if arranged in advance.